

Larry Tag, JRMC Telecare Volunteer



just did what I felt was right," says Tag about the calls. He lets people just talk and wants everyone he visits with to feel like they can take as much time as they need. For some, it is the only personal interaction they have during the day.

"I save one telecare client until the end," smiles Tag, "because she's more of a talker." He quips that as he has gotten to know his clients, he does a little teasing now and again to add laughter to their day. "Now they are giving it right back!"

"I am the one who gets the reward out of it. I feel good," says Tag. "I have about four or five people that are counting on that phone call. They say to me before I hang-up each week, 'make sure you call again next week."

Tag has also had the situation where he's gotten ahold of someone that didn't sound quite right that day. While on his home phone, he kept the telecare client on the line and called the Volunteer Services Coordinator, Nancy Jo Kropp with his cell phone. Together, they were able to get personnel out to the client who needed the help.

Tag and JRMC want the community to know that this service is available and those who use it are so grateful. "I can see how people may be apprehensive at first since they don't know me," says Tag, "but we usually find commonalties after talking a few minutes."

The JRMC volunteers have been providing Telecare since 1973. It is a free service where volunteers, like Larry Tag, call individuals to say a simple "hello" to individuals who may live alone, are vulnerable due to health or age related issues or do not have anyone to check on them.

After his wife passed away, Larry Tag's daughter, Cindy, recommended volunteering at JRMC to help with the loss. According to Tag, he had never volunteered like this before but was willing to try.

"I volunteer as a way to repay all the help we've had throughout the years with our kids and jobs."

"Our volunteers call between 8 and 10 a.m., Monday through Friday, to see how the person is doing and make sure they are ok. We care about those who live alone," says Nancy Jo Kropp, JRMC Volunteer Coordinator.

For more information on the Telecare program or volunteering, contact Kropp at (701) 952-4809.

"Hello angel," says Simone Asmael. That's how she answers every call from Telecare. "Every one of them (telecare callers) are angels for taking time out of their busy day to call me." Asmael, expects their calls every day. "He (Larry Tag) sounds real handsome on the phone; he is always so cheerful."







LISA JACKSON
Foundation Director
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## From the Foundation Director...

Jis' the season of giving! I can't help but notice the generous at heart this time of year. We are very lucky in our region that people are not only spurred by the holiday season to be big-hearted, but have adopted it as a mind-set and way of life. Thank you for partnering with JRMC Foundation to help us provide the gift of legendary healthcare to our patients.

Our mission at JRMC is to be THE difference in the lives of those we serve - but employees are doing much more than 'just' their jobs. Collectively, JRMC employees are one of the biggest investors in JRMC Foundation. Throughout the years they have helped fund new equipment, facility needs and new services. They are also providing random acts of kindness throughout our hospital halls and in the community.

This issue I've included a few of the many stories about how JRMC employees are invested in the lives of those we serve at JRMC and beyond. I hope that it provides a testimony to just how much we care about YOU and your family. Not because it is our job. It is our culture...

- During the winter, a hospice nurse takes out the garbage for clients who shouldn't maneuver on snow and ice;
- An occupational therapist drove a nurse to a patient's home to get additional belongings when a patient transferred to swing bed;
- A plant operations manager went to a staff member's home to help fix her heater so she could get back to work;
- An ED nurse brought her series patient kuchen to enjoy while getting her weekly treatment; and
- Multiple employees have delivered meals to families who have lost a loved one.

We hope that when you visit us or give us a gift, in return we show you loving care with excellent results. Thank you to all of the employees who make our patients feel like family and the donors who help provide the state-of-the art equipment, facility and services that we deserve and have come to expect.

You are a gift to us. Merry Christmas and Happy New Year!

Lisa Jackson Jackson



#### **NEW YEAR NEW YOU STARTS**

Take the challenge, starting January 12th!



## **JANUARY**

### H.O.G'S POLAR PIG "WALK THE PLANK" FOR JRMC HOSPICE

Chili Feed, Auction & Jump at Stutsman Harley Davidson

Register to compete! Raise funds with your organization or business to have one lucky person "walk the plank" for a great cause. Event details and registration forms can be found online at www.jrmcnd.com.



## **FEBRUARY**

#### **GIVING HEARTS DAY**

Match funding from generous donors and Dakota Medical Foundation magnifies the impact of your gift! Partner with us today by sponsoring our event as a matching gift donor.



## **Giving Hearts Day**

impactgiveback.org

(L to R) Sharon and Dr. Don Caine, Marlene Axtman, JRMC Foundation Board President

# Thank you for your commitment PHILANTHROPISTS OF THE YEAR

After 18 years on the Jamestown Hospital Board of Directors and 27 years as a board member for the JRMC Foundation, Dr. Don Caine and his wife Sharon have developed a certain fondness for JRMC. "I've come to love JRMC," said the retired optometrist.

At this year's Pillars of Giving celebration, the Caines were recognized as Philanthropists of the Year - an honor bestowed upon those with exemplary civic engagement, commitment to healthcare and service as well as support of JRMC. In addition to working with JRMC, Don and Sharon are active in First United Methodist Church and deliver Meals on Wheels. They both belong to Kiwanis, and she to PEO.

"We have been blessed to not have needed much hospital services over the years. But it's comforting to know that we will have a state-of-the-art facility in our community if and when we do," said Sharon.

"JRMC and JRMC Foundation are deeply grateful for your wisdom, generosity and inspiration, thank you for your commitment," says Lisa Jackson, Foundation Director.



This issue of AppleSeeds includes contributions received by JRMC Foundation from August 1, 2014 through October 31, 2014.

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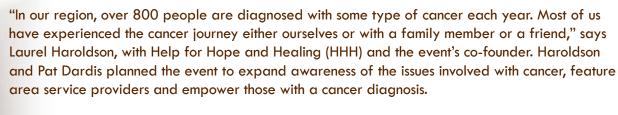
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The expo was sponsored by Zonta Club, JRMC, Help for Hope and Healing, Farmers Union Insurance, Sanford Health and Ingstad Family Media. The night concluded with four powerful testimonials of survivorship from Sam Liechty and mom, Rachel, Angie Reidburn and Loretta Jung.





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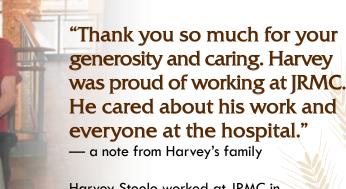
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Harvey Steele worked at JRMC in environmental services for 14 years. Memorials from employees and family were designated to off-set the cost of a new floor cleaning machine.

## Employees work to improve IRMC and the community through grants, leadership and participation in fundraising events. They are doing good...year round.

#### JRMC RECEIVES LITTLE ANNE

Most sudden cardiac arrests result from a heart rhythm problem called ventricular fibrillation. "The heart must be "defibrillated" quickly, because a victim's chance of surviving drops by 7 to 10 percent for every minute a normal heartbeat isn't restored," says Deb Falk, RN, JRMC Patient Care Unit Manager. This is possible by using an automated

external defibrillator (AED) - a portable electronic device that automatically diagnoses the

life-threatening cardiac conditions.

"JRMC currently has two AEDs within our hospital and clinic walls," say Falk. "We provide training to over 300 people including area physicians, University of Jamestown nursing students and partner with the area public schools." Previously, JRMC had to borrow equipment to do trainings.

Falk applied for a grant through the National Automobile Dealers Charitable Foundation and was awarded The Little Anne® AED Training System, which combines the Little Anne AED manikin and an AED Trainer. The system provides all the essential features necessary for learning adult CPR, defibrillation and defibrillator pad placement.

#### "UNITED WE CAN"

During November, JRMC employees raised funds for United Way of Stutsman County and collected 172 pounds of food for The Daily Bread food pantry. JRMC partners with many of the organizations that United Way funds, such as RSVP+, SANE (sexual assault nurse examiner), James River Public Transit, The Arts Center, American Diabetes Association, James River Family YMCA and Safe Shelter among others.

"The great thing about the United Way is that 99 percent of the money that is donated stays within our community," says Katie Mittleider, JRMC employee and organizer of this year's JRMC campaign.

#### **OUR DAILY BREAD**

JRMC Nutrition Services employees did not want to see extra food go to waste. A few months ago they contacted The Daily Bread program in Jamestown to see if they could partner in through food donations to help feed those in need.

Now, JRMC is providing muffins and also freezes unused hot dishes and protein sources like chicken breasts, turkey and roast beef for the program.

"The staff are excited to make more of an impact in our community and help feed those in need," said Brittany Johnston, JRMC Nutrition Services Manager.

#### CHILI COOK-OFF TO INDEPENDENCE

Ten JRMC teams cooked up their best chili for this year's Chili Cook-Off. Employees and guests sampled and voted on their favorite for a \$5 donation to JRMC Foundation. Proceeds from the event, along with a JRMC Jeans Day, raised over \$500 for 3D mammography early detection equipment and the treatment of breast cancer. The "Best Chili" went to JRMC Home Health & Hospice. They will compete for the title of best chili at the 2015 H.O.G.'s Polar Pig "Walk the Plank" for JRMC Hospice.

(pictured left) The winning cook-off team.



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- · register for events

# Your words keep us going what did you like best about your stay?

"The staff for sure! They were all very caring and I felt relaxed - I almost felt like I was at home." – George, Jamestown

"Excellent, prompt, efficient care! I have been in a lot of hospitals and yours is the best!" – Judith, Scappoose, OR

"The visit went well. The doctor listened carefully, answered my questions so I understood them and the place was very clean and tidy." – Teresa, Valley City





Nutrition Services participates in The Daily Bread Program. Read about it on page 10. NONPROFIT ORG
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# Tree of Love ORNAMENT DEADLINE IS DECEMBER 19TH

For the 16th year, JRMC Auxiliary members will be honoring loved ones, family members, patients and your doctors and nurses with the Tree of Love. Purchase an ornament with a silver or gold ribbon with the name of the honoree and it will be displayed on a tree located in the main lobby of JRMC through the holiday season.

Order forms may be picked up at the main lobby volunteer desk or the JRMC Gift Shoppe. For more information, contact Nancy Jo Kropp, JRMC Volunteer and Gift Shoppe Coordinator at **701-952-4809**.