



AppleSeeds

Quarterly Foundation News



More than “Walking the Plank”

EXCELLENCE IN END OF LIFE CARE DRIVES SUPPORT FROM HUNDREDS

“End of life issues are never easy,” says Lisa Wegner, “but hospice made this journey easier.” Towards the end of a courageous battle with metastatic breast cancer, Wegner moved her mother, Pricilla Ann Hamilton, from Florida to Jamestown, N.D. to reach her end of life goals. The day after her arrival, she began JRMHC Hospice care.

“Because of hospice, my sister and I were by my mother’s side when she drew her last breath,” says Wegner. She applauds every part of the hospice team, including the nurses, certified nursing assistants, volunteers and chaplain who made her mother feel loved.

“Each member of the hospice team is doing what he or she does because it is their desire to make the last season of a person’s life filled with comfort, hope and love,” says Wegner.

TAKING THE PLUNGE FOR HOSPICE

Eight years ago, Don Wegner started the Polar Pig “Walk the Plank” in support of JRMHC Hospice. “It started as part of spring fever, I wanted to do something for a good cause and my wife Marla, an LPN at JRMHC, talked about the importance of hospice.” says Wenger.

The highlight of the event is not one, not five but over a dozen jumpers who raise money for the opportunity to take the plunge in a tub of water. Historically, it has provided \$96,000 in funding to help JRMHC Hospice achieve their clients’ end of life goals in a special and meaningful way.

Not clowning around, Jim Dura with the El Zagal Jamestown Clowns jumps for JRMHC Hospice.



continued on next page

MARK YOUR CALENDAR

Upcoming Events



APRIL

VOLUNTEER

Appreciation Banquet.



APRIL

SPRING BAZAAR

Baked goods & crafts sale.



MAY

AUXILIARY PLANT SALE

The plants let us know when they are ready!



TAKING THE PLUNGE

continued from page 1

Success is made possible by the Harley Owners Group (H.O.G.'s), District 8 of American Bikers Aiming Toward Education (ABATE), Stutsman Harley Davidson, Nenow Auction Services and the hundreds of people who show up to support JRMHC Hospice.

"Words cannot adequately express how hospice care can positively affect families physically, mentally, socially and spiritually," says JRMHC Home Health & Hospice Manager, Tamie Gertholz, RN. To the community, "I want to express our heartfelt appreciation for the personal and financial support of hospice care," says Gertholz.

It is the hope of the JRMHC Hospice program that news of its services and their availability will continue to spread and people who would benefit will have the opportunity to receive care.

The JRMHC Hospice team is made up of local Jamestown professionals that truly understand our culture and are committed to the community and taking care of family, friends and neighbors.



(L-to-R) Don Wegner, Tamie Gertholz, RN, Marla Wegner, LPN and JRMHC Hospice Coordinator Maren Radi, RN

"Words cannot adequately express how hospice care can positively affect families physically, mentally, socially and spiritually."

JRMHC Hospice services include:

- nursing
- home health aide
- social work
- counseling
- volunteers
- pastoral services
- dietary counseling
- speech therapy
- physical therapy
- occupational therapy
- durable medical equipment
- medication management
- 24/7 licensed nurse availability
- bereavement care



JRMHC super heroes, Ross Argent, physical therapist and Greg Nordstrom, radiology technician, both donned Captain America costumes winning the award for best costume.



Roger Nenow with Nenow Auction Services auctioned off equipment, a vehicle and gift certificates with a portion of the proceeds benefiting JRMHC Foundation.



JULY

CONCERT FOR CARE

Supper & street dance:
featuring 32 Below, food and fun.



JULY

FOUNDATION GOLF TOURNAMENT

4th Annual 4-person scramble.



From the Foundation Director...

As Jamestown Regional Medical Center (JRMCC) enters its 85th year of serving the community and region for its healthcare needs, we begin the year humbled at the outpouring of support we received during February's Giving Hearts Day, JRMCC Employee Giving Campaign and the Polar Pig "Walk the Plank" for JRMCC Hospice.

We are the closest hospital for over 22,000 people. The individuals we serve not only desire the opportunity to receive convenient, local care, but quality outcomes and "legendary" service, from a locally governed hospital that understands our needs.

We appreciate the support given to our organization from our donors, as well as the Dakota Medical Foundation, Impact Foundation, our boards, volunteers, staff and special people and businesses we name in our AppleSeeds publication and Wall of Honor each year.

You have allowed JRMCC to grow, evolve and become one of the best rural hospitals in the country. Thank you for your gifts as they are a great benefit to our organization and the people we serve.

This issue will recap the above events, spotlight new technology at JRMCC and begin to share with you the future of care as part of our strategic plan.

In the best interest of the patient, JRMCC is going to focus on the following:

- excellent quality and outcomes
- excellent, "legendary" service
- providing care locally to limit travel
- independence

Investments to JRMCC Foundation will make these things possible through new technology, physician recruitment, new services and additional staff.

With gratitude,

Lisa Jackson
Foundation Director
(701) 253-4806
ljackson@jrmccnd.com

“
At JRMCC “we
never stop
building for
you,” is not just
a radio jingle.

There is a comprehensive
strategic plan in place
which outlines JRMCC's
daily motivation to fulfill
our mission to **exceed
expectations and be THE
difference in the lives of
those we serve** and the
desire to realize our vision
of becoming the **best rural
hospital in the country.**



Popular physician retires

THANKS PATIENTS FOR TRUST

December marked the retirement of Dr. Scott Rowe, a long-time family practice physician in our community at Essentia Health—Jamestown Clinic. For 28 years, Rowe formed many lasting relationships and was a leader in care for newborns to seniors. Rowe leaves thankful for the support and trust of his patients and community partners and excited for the future of care.

Rowe originally came to Jamestown because he wanted to work in a small community and trained with Drs. Dick Laraway, Larry Johnson and Paul Erickson during his residency.

Over the years, Rowe says some of the most recent changes in care have been the most beneficial. “Moving the Essentia Health Clinic to the JRMCCampus, changed the way we did care for the better.” Physicians from all the clinics can share call and have better access to patients.

Two years ago, Essentia Health—Jamestown Clinic also implemented an electronic medical record system allowing for increased patient safety and quality of care.

“It’s been an honor to be trusted by my patients like I have,” Rowe says. “I’d like them to know how much I’ve enjoyed getting to know them and being involved in their lives.”



Dr. Rowe accepts a golden apple in recognition of his service to the community from JRMCC Chief Nursing Officer, Trisha Jungels.

While efforts are under way to recruit additional primary care physicians to Essentia’s clinic in Jamestown, Dr. Rowe says his patients are in good hands with his colleagues, many of whom are nurse practitioners and physician assistants. “We have a very good healthcare team,” he says.

Rowe’s plans after retirement include spending time in Arizona, traveling and being at his family’s lake home in Minnesota.



ON THE HORIZON AT JRMCC...

EPIC • JRMCC is working to begin a new electronic medical record known as Epic (digital version of a patient’s paper chart) starting in June. Records can be shared by doctors, hospitals and patients, improving patient safety and the quality of care.

Oncology Care • JRMCC is working with Sanford Roger Maris Cancer Center on developing a partnership to provide infusion treatments, with a goal of eventually expanding into a cancer center.

Wound Care • JRMCC has partnered with Acelecare to provide advanced wound care and hyperbaric chamber services to our community. The wound clinic will be located in the JRMCC Clinic. Construction is underway to complete part of the shell space JRMCC currently rents. Services are expected to begin April/May at JRMCC.

MRI • Imaging Solutions has partnered with JRMCC to provide a single MRI service to our community. JRMCC began construction in February to complete shell space that was still available within JRMCC Radiology. Imaging Solutions is currently located in the Jamestown Business Center and will be relocating to the completed suite. Services will begin April/May at JRMCC.

New Services • The JRMCC Cardiopulmonary Rehab Department has added phase III cardiopulmonary rehabilitation to its cardiac and pulmonary rehabilitation programs. Also new at JRMCC is a coblation technique for removing tonsils.



Very “cool” new technology:

When using coblation, temperatures are 90 percent lower than conventional electrosurgical devices. The cooler temps eliminate the rapid heating, charring, burning and cutting; leaving the surrounding tissues minimally affected.

- faster and safer recovery
- fewer complications
- less pain during recovery

“In the past few months that I have been using this technique, I have noted a significant decrease in the post-operative pain that my patients are having, especially in the first 24-48 hours.”

New tonsil technology

COBLATION TECHNIQUE AT JRMC

Tonsillectomy and adenoidectomy are two very commonly performed surgical procedures. As with all surgical procedures, tonsillectomy and adenoidectomy can be associated with a variety of potential complications. Fortunately, for most children, complications are rare. In the last few years, different techniques including coblation have been proposed to reduce surgical risk. Due to the large number of procedures performed, physicians must focus specific attention to the safety, accuracy and outcomes when choosing among different surgical techniques.

Coblation technology was designed by ArthroCare Corporation. The name refers to a non-heat driven process of surgically removing soft tissues by using a different type of energy. This allows for less disruption to other tissues around that area, ultimately decreasing pain and creating a faster healing time. Coblation-based devices are designed to operate at a relatively low temperature to gently dissolve target tissues (tonsils or adenoids) with minimal damage to surrounding healthy tissue. Studies show that using the coblation technique for the removal of adenoids or tonsils has significantly improved patient recovery.

“In the past few months that I have been using this technique, I have noted a significant decrease in the post-operative pain that my patients are having, especially in the first 24-48 hours,” shares Dr. Steven Maier, local Sanford surgeon.

JRMC and local surgeons were very interested when this technique evolved. JRMC Surgical Services Manager, Carolyn Janssen and Dr. Maier indicate that there are several advantages to this technique that include less bleeding, the ability to reach all areas, lower risk of harming healthy tissues around the area, fewer complications and reduced pain in the recovery process.



GIVING IN ACTION



Completing this project at the same time saved the hospital \$35,000.



An uplifting gift

YOUR GIVING PROVIDES PATIENTS LIFTS IN EVERY ROOM

Now, JPMC has new patient lift equipment in EVERY inpatient room, thanks to a collaborative fund raising effort.

In 2012, JPMC Emergency Medicine Physician, Dr. Philip Jystad made an appeal to the community which raised \$77,986 to purchase 11 patient lifts. In November, Alison Kennison, a JPMC Human Resources staff member, completed a North Dakota Workforce Safety & Insurance grant that provided an additional \$40,000 for five additional lifts and vests. This is a \$117,986 investment in the safety of patients and staff.

The lifts have been installed in 28 patient rooms, including the medical center's emergency department, patient care unit and JPMC Family BirthPlace.

"The installation of this innovative lift equipment has made the lifting of critically ill or injured patients far safer for both our patients and the nursing staff," notes Sheila Krapp, JPMC Emergency Department manager.

Every year, we see over 9,000 patients through our emergency department doors alone. Lifts have a great impact on the delivery of care on a daily basis.

"We are very fortunate to have so many generous people who find it crucial to support high quality patient care," says Lisa Jackson, JPMC Foundation director. The community's support of the programs and services provided by the medical center is greatly appreciated by the nursing and medical staff.

For additional information about the JPMC Foundation and its funding initiatives, contact Lisa Jackson at (701) 253-4806.



PHILIP JYSTAD, MD
JPMC Emergency
Medicine Physician



Love in every single stitch

**JRMC AUXILIARY “STITCHERS”
GATHER TO HELP PATIENT CARE**

In January, the second floor of the Meadows apartment complex came to life when a group of JRMC Auxiliary “Stitchers” gathered for a few hours of cutting, ironing, stuffing and stitching.

The “Merry Meadow Maids,” as they refer to themselves in fun, have been stitching up a storm making “tummy” pillows for JRMC surgical patients.

The request came from Deb Falk, JRMC Patient Care Unit manager, who at the time was a nurse on the patient care unit. “Back then patients were using a bed pillow on top of a surgical incision which was really too big, so I put in the request for the smaller size pillow,” recalls Falk.

Age has no barriers for this group as four of the 11 volunteers are over the age of 90. “They like to get together for the fellowship and food,” says Shirley Flieth, service chair of the JRMC Auxiliary Stitchers. Flieth says “they feel they are contributing to the hospital and having a little fun too.”



All who gathered at the Meadows were: Carolyn Exner, Marvel Tuttamore, Ellen Wirkkunen, Pat Calvert, Martha Trautman, Clara Fiechtner, Lillian Gunsch, Arline Lueck, Lillian Peckham, Vi Zimmerman, Shirley Flieth.

“...contributing to the hospital and having a little fun too.”



“HOUR” beginning PROVIDES TIMELESS SUPPORT

The “Hour Club” was started in 1996 as a way for employees to donate an “HOUR” of their salary or vacation time to JRMC Foundation through payroll deduction.

Improving the workplace and patient care, **99 employees gave over \$30,000 in February as part of this year’s campaign.** Themed “WHY I GIVE,” staff shared testimonials of their support and completed random acts of kindness throughout the week. Each gift and act was represented as a red card on the AppleBasket Café window, showing that together, our giving hearts achieve things that we could not do alone.

“I give to bring more healthcare services closer to home, so people don’t have to drive 100 miles,” says Betty Gross, an environmental services technician at JRMC. As a patient you may have met Gross, she goes out of her way to talk to patients while cleaning their rooms if they are lonely.

Interim CEO James Gingerich provided a matching gift up to \$1,000 for new participants. “I am a big supporter of employee giving in hospitals. Having served as a CEO in multiple hospitals throughout the country, you notice a difference in those who have an active employee giving program. It is a great way to express appreciation to the organization, support the mission and encourage community members to be involved. It would be my hope for you to reach 100 percent participation,” notes Gingerich.

Throughout the years the club has received support from hundreds of employees totaling over \$613,000.

EMPLOYEE GIVING

“HOUR” support has helped provide:

- meditation room
- patient lifts
- infant protection system
- \$65,000 towards building JRMC
- Community Care and JRMC Hospice
- multi-purpose video system for surgery
- mini C arm for orthopedic surgery
- equipment for Employee Fitness Program
- \$78,000 for our Endowment
- employee lounge refrigerator
- recliner for JRMC Family BirthPlace
- roll-a-way beds for patients’ families
- grief support library
- PACS equipment
- \$159,000 for hospital renovation
- the AlterG Treadmill
- digital video laparoscopic equipment

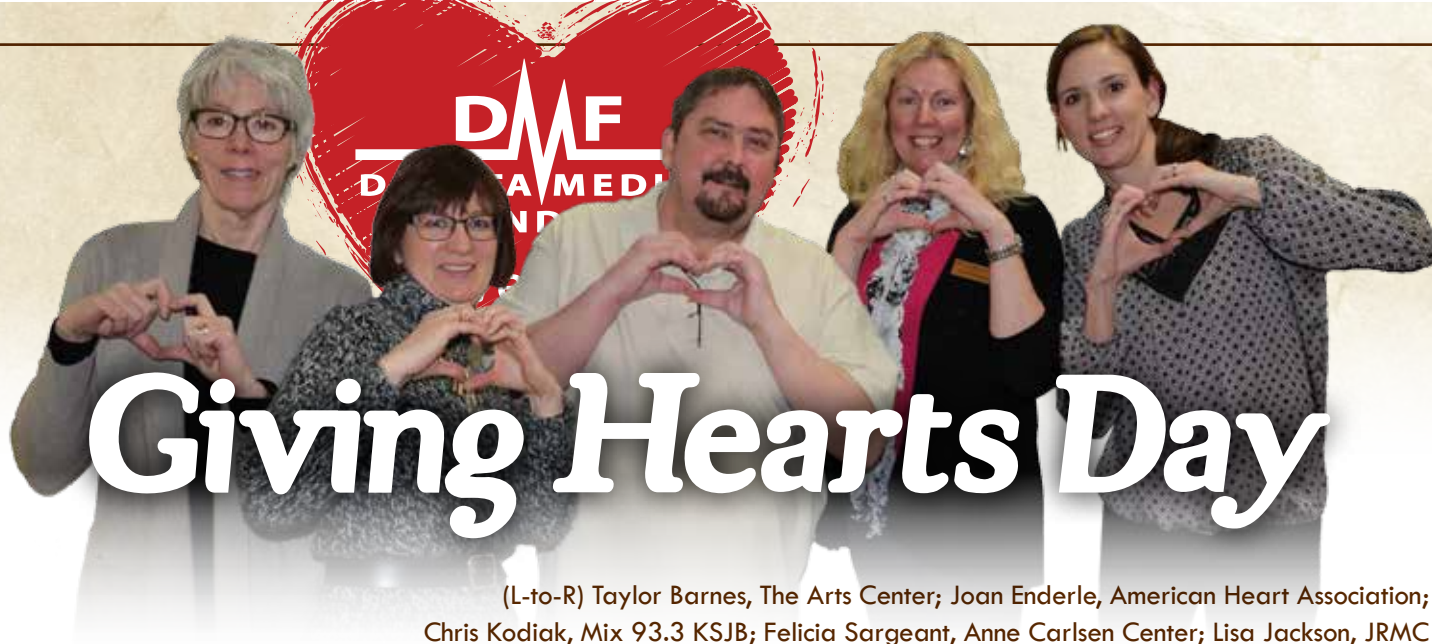


Members of the JRMC Nutrition Services team gather as Carol Goldade receives a prize of \$20 Buffalo City Grill Bucks as part of the campaign’s daily drawings.



“Giving back provides me with the opportunity to do more for others than I would be able to do on my own. Alone I can’t purchase a 3D mammography machine or fund a much needed program. I am rewarded with the infinite compassion of my colleagues and the true spirit of giving. Together we can help countless people, making the return on my investment priceless.”

—Penny Holland, JRMC Foundation Office Coordinator
Read more reasons JRMC employees gave on page 15.



(L-to-R) Taylor Barnes, The Arts Center; Joan Enderle, American Heart Association; Chris Kodiak, Mix 93.3 KSJB; Felicia Sargeant, Anne Carlsen Center; Lisa Jackson, JRMF

A little giving heart goes a long way

It wasn't Valentine's Day yet...but North Dakotans were sharing the love on Thursday, February 13, 2014. Started by Dakota Medical Foundation (DMF) and Impact Foundation, "Giving Hearts Day" raised a preliminary figure of \$5,477,704 for 235 charities.

"They are the heart and soul of North Dakota. The government can do some things but they can't do everything and the non-profits in our state do a really terrific job," says First Lady, Betsy Dalrymple.

This 24-hour online give-a-thon has dramatically increased fundraising success by charities and spurred a movement that promotes community engagement through Facebook, Twitter, YouTube videos as well as business and nonprofit collaborations.

"As this was The Arts Center's first year with Giving Hearts Day, we didn't really know what to expect or how to navigate the challenge. It was rewarding to have Jamestown's nonprofits work collaboratively for the benefit of all," says Taylor Barnes with The Arts Center.

This included teaming up with Chris Kodiak at KSJB Mix 93.3 for a radio-thon. There were also online giving sites and promotions at local business including Country Gardens, Plantation Coffee, Cork & Barrel, Bison 6 Cinema, Titan Machinery and Coborn's.

Even a little bit goes a long way on Giving Hearts Day.

With an online donation of as little as \$10 that day, each gift was matched by DMF up to \$4,000. JRMF Foundation had additional matching funds of \$18,000 from board members as well as an anonymous donor.

"Everyone who made a gift that day received a match, doubling their impact on funding initiatives of the hospital," notes JRMF Foundation Director, Lisa Jackson.

Together, supporters for the Giving Hearts Day movement provided JRMF with \$33,800 in funding that will...

- help detect breast cancer at Stage 0 through 3D mammography
- provide care for individuals in their very first and last stages of life
- grow our endowment for stable, forever support for the future of healthcare
- provide the very first gifts to make oncology care a reality



GIFTS & TRIBUTES

This issue of AppleSeeds includes contributions received by JRM Foundation from November 1, 2013 through January 31, 2014.

3D MAMMOGRAPHY

Hugo's
Grace Ottmar

In Honor of

Leona Golde

Elaine Millspaugh

Sheri Schweitzer

Brian Ament
Tracy Anderson
Jenna Bredahl
Angela Crummy
Deb Falk
Denise Gasal
Todd Hudspeth
Lisa Jackson
Carolyn Janssen
Bobbi Koch
Sheila Krapp
Diane Nelson
Cindy Tag-Nygord
Sheri Schweitzer
Brandon Vaughan
Naomi Wanzek

Brandon Vaughan

Brian Ament
Tracy Anderson
Jenna Bredahl
Angela Crummy
Deb Falk
Denise Gasal
Todd Hudspeth
Lisa Jackson
Carolyn Janssen
Bobbi Koch
Sheila Krapp
Diane Nelson
Cindy Tag-Nygord
Sheri Schweitzer
Brandon Vaughan
Naomi Wanzek

In Memory of

Clyde Christy

Deloris Christy

Ron Geigle

Lester & Joann Putnam

Mary Jean Kartes

Elaine Millspaugh

EMERGENCY DEPARTMENT

In Memory of

Sharon Lutman

Alden & Grace Vannett

ENDOWMENT

In Memory of:

Henry Reimers

Michael & Judy Schlecht

FAMILY BIRTHPLACE

North Dakota Community Foundation

HOME HEALTH

JRMC Auxiliary

Odean & Karen Olson

In Memory of

Dave Tompkins

Gene & Becky Wahl

Willis Wooddell

Craig & Evelyn Runck

POLAR PIG "WALK THE PLANK FOR JRM HOSPICE"

Jason & Tracy Anderson

John & Ardyce Argent

Eckman's Auto Service

June Ernie

Guy & Lynn Hill-Harper

Myron & Elaine Kuske

LDH Land Company LLC

Joe & Cindy Nelms

Richard & Cindy Tag-Nygord

Lawrence Wutzke

HOSPICE PROGRAM

Atonement Lutheran Church Women

Dwight & Alison Grotberg

Odean & Karen Olson

South Central Human Service Center

Employees Blue Jeans Fund

In Honor of

Pat Block

Marty Gray

Helen Burleson

Jeanette Sroczynski

Elsie Clark

David & Judy Seher

Scott Rowe

Paul & Julie Byron

Shirley Seher

David & Judy Seher

In Memory of

Thelma Aarestad

Wilfred Aarestad

Gary Andersen

Dan Tally

Dan Artis

Dwayne & Yvonne Bair

Craig & Evelyn Runck

Debbie Beach

Friends

Lenus Berge

Sanford & Shirley Sivertson

Lanny Braasch

Mike & Jackie Tarpinian

Robert Bridgewater

Deb Carlson

Shari Ganser

Joanie Wanzek

William Carter

Kim Carter

Violet Colberg

Gary & Roseleen Arneson

Allan & Sandy Lamp

Joe Diemert

Elizabeth Sandness

Viola Domke

Gene & Mary Van Eeckhout

Henry & Eva Eastman

Marjorie Fuller

Bert Fried

Larry & Ann Knecht

Harley Gilbertson

Agnes West

Dan Griffin

David & Judy Seher

Priscilla "Pat" Hamilton

Shirley Brady

Norman Evans

Paula Hutchison

Kathy Long

Kenneth Hess

Ellen Elhard

Larry & Susan Hopland

Patty Huxtable

Loraine Kauphusman

Terry Olson

Dale & Norma Repko

Harrison & Connie Smith

Duane & Marlene Thorsteinson

Robert & Carol Weber

Viola Himmelspach

Dorothy Chouinard

Caroline "Lena" Huber

Lester & Joann Putnam

Mary Jean Kartes

Gary Bierley

Zena Bierley

Steve & Carolyn Tomlin-Cichos

Friends & Family

Dean Hendrickson

Larry & Ann Knecht

John & Carol Splonskowski

Gene & Mary Van Eeckhout

Alden & Grace Vannett

Martha Kemmet

Melvin Krubeck

Norman Knutson

Delno & Phyllis Kleinknecht

Jean Kollman

Alden & DeLanda Kollman

Gifts & Tributes

Emma Letcher

Larry & Ann Knecht

Jean Pendray Logan

Frances Pendray

Darrell Ludwig

Larry & Ann Knecht

Sharon Lutman

Shirley Unverferth

Marlowe Miller

David & Judy Seher
James & Joy Speidel

Jennie Moriarity

Larry & Ann Knecht

Howard "Kelly" Murchie

Dorothy Murchie

Elva June Murray

Sanford & Shirley Sivertson

Merna Olson

Marty Gray
Don & Ella Thoms

Wallace Pendray

Frances Pendray

Betty Pfarr

Carl Pfarr

Jeff Pfarr

Carl Pfarr

Donald Ratts

Lillian Peckham

Geneva Rick

David & Judy Seher

Ronald "Chet" Rosemore

Dwayne & Yvonne Bair
Darrell & Barb Moser

Elda Ruff

Milton & Darlene Unruh

Linda Schick

Don & Ella Thoms

Leno Schulz

Leon & Mary Jane Westerhausen

Darrel Seher

David & Judy Seher

Barb Silbernagel

Don & Ella Thoms

Harold Srozinski

Brent & Cheryl Gardner
Lorraine Ginsbach
Marilyn Srozinski

Phyllis Steele

Delno & Phyllis Kleinknecht

Frieda Stiefel

Keith & Judy Zhorela

Marty Tag

Dean & Clarice Snow

DeLaine Tomlin

Dorothy Chouinard
Beverly Schaack
Steven & Cheryl Steinborn
Mark & Jean Wanzek

Dave Tompkins

Thomas & Edie Gould

Karl & Sally Ulmer

Kim Carter

Lenora Whelchel

Larry & Ann Knecht

Larry Williams

Thomas & Edie Gould

Wilfred Wipperling

Kimball Seamans
Dennis & Kathryn Wipperling

**JOHN DARDIS MEMORIAL
HOSPICE GIFT FUND**

Everett & Bev Miller
South Central Human Service Center
Employees Blue Jeans Fund

In Honor of**Peg Vesel**

Leo & Kari Newman-Ness

In Memory of**Bill Cain**

Byron & Mary Hill

John Dardis

Family of John Dardis
Thomas & Sharon Dardis
Thomas & Wanda Dardis
Niles & Mayda Mueller

Carlene Just

Byron & Mary Hill

Mabel Kanewischer

Daniel & Megan Dardis-Kunz

Mary Jean Kartes

Steve & Karen Samek

Peggy Knoll

Byron & Mary Hill

Jeane Mason

Larry & Letitia Johnson

Howard "Kelly" Murchie

Dorothy Murchie & Family

Earl Wickoren

Everett & Bev Miller

Willis Wooddell

Kathleen Tompkins

Darla Zeigler

Byron & Mary Hill

JRMC CAMPUS

Jason & Tracy Anderson
Clair & Marcella Baker
Basin Electric Power Cooperative
LeRoy & Mary Bowder
Bob & Sherri Brown
Teresa Formo
Carol Goldade
Dane Grebel
Jeff Gunkel
Wes & Jamie Heinley

Heritage Centre

Kevin & Michelle Hermanson

Nina Hintz

Darren & Penny Holland

Harvey & Kathy Huber

Jamestown Sun

JRMC Auxiliary

Trisha Jungels

Harold & Arlyce Klein

KSJB Radio

Lloyds Motors

Alan & Julie Meyer

Dustin & Katie Mittleider

Steve & Jan Moch

National Medical Resources, Inc.

Joe & Cindy Nelms

Northern Plains Electric Cooperative

Richard & Cindy Tag-Nygord

Otter Tail Power Company

Tim & Joanne Ottmar

Jeremey & Cheryl Schiele

Jennifer Sherman

David & Claudette Smette

Harvey & Theresa Steele

Shanda Traiser

Bill & Lori Wanzek

Tracy & Naomi Wanzek

Don & Marla Wegner

Robert & Shirla Wells

WIPFLI LLP CPAs & Consultants

Ricky & Karrilyn Woehl

In Memory of:**Norman Knutson**

Delno & Phyllis Kleinknecht

Victoria Sand

Tyler Sand

JRMC GREATEST NEED

Steve & Kathy Aldinger

Brian & DeAnn Ament

Applebee's Neighborhood Bar & Grill

Ross & Tara Argent

Kenneth & Linda Astrup

Atonement Lutheran Church

Deb Attleson

Rory & Samantha Beckman

Gerard & Kathy Bercier

Nathan & Andrea Bitz

Mike & DeAnna Blinsky

K.O. & Valerie Bolstad

Beau & Jenna Bredahl

Alan & Jessica Bremseth

Paul Broten Living Trust

Buffalo City Grille

Cody Champagne

Angela Crummy

Knut & Brenda Ellingsen

Arnie & Deb Falk



GIFTS & TRIBUTES

Denise Gasal
Steve & Tamie Gerntholz
Scott Goecke
Sandra Green
David & Trish Greenwood
Thomas & Joyce Gross
Mike & Linda Guthmiller
Francis & Margeret Harding
Guy & Lynn Hill-Harper
Elayne Hartman
Kevin & Michelle Hermanson
Jared & Sandra Hoff
Orlee Howell
Todd Hudspeth
Steve & Jo Huebner
Dustin & Lisa Jackson
Carolyn Janssen
Pamela Jennings
James & Betty Kennedy
James & Alison Kennison
Joanne Kleese
John & Cindy Kleven
Carey & Bobbi Koch
David & Sheila Krapp
Larry & Nancy Jo Kropp
Priscilla Kungel
Cindy Kutz
Diana Lange
Kenneth & Debra Laraway
Sandra Lewis
April Lies
Leonard & Carolyn Limesand
Robert & Donna Lindberg
Dan & Angie Lukach
Steven Mayhair
Dan & Dawn McCarty
Medina Lions Club
Rory & Sheila Metz
Ashley Michaelson
Roger & Diane Nelson
Marlene Odenbach
Dianna Pollert
Maren Radi
Kirk & Leann Ripplinger
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Tanya Schroeder
Julie Schulz
Emilee Schutta
John & Sheri Schweitzer
Arnold & Sally Siefken
Dean & Clarice Snow

Dale & Val Soleim
Pamela Swenson
Ray & Maria Tan
Doug & Deb Thingstad
Mika & Jessica Thorlakson
Faith Tuchscherer
Gene & Becky Wahl
James & Deb Wald
Don & Amy Walz
Hal & Deanna Weiser
Meredith Weisz
Candyce Wick
Jack Woehl
Michael & Emily Woodley

In Honor of

Derek Holden

Susan Holden

In Memory of

Opal Ableidinger

Peter & Georgie Simonsen

Terry Aronson

Odean & Karen Olson

Dan Artis

Glenn & Doris Greenstein
John & Carol Splonskowski

Jane Babb

Robert & Irene Olson

Debbie Beach

Greg & Marlene Nelson

Lenus Berge

Gene & Sherry Rode

Margaret Blixt

Robert & Mary Muhs

Kenneth Boelke

Frances & Kenneth Boelke

Violet Colberg

Jim & Sue Matthiesen

Marshall & Helen Darkenwald

James Darkenwald

William & Ella DeKrey

Carol Reich

Sharrel Diede

Rinalde Diede

Dolores Doeling

Peter & Georgie Simonsen

Ruth Ann Fletschock

Steve & Karen Samek

Wayne Freeberg

Bob & Sandy Hill

Esther Fuchs

Tracy Dale
Grace Walz

Donna Ginsbach

Steve & Karen Samek
Dakin & Sigrid Trimble

Robert Grabinger

Archie & Marilyn Zimmerman

Bert Gray

Kirk & Debbie Heim

Vernon Henne

Lester & Joann Putnam

Viola Himmelspach

Steve & Karen Samek

Blenda Hoff

Jason & Tracy Anderson
Jim & Sue Matthiesen

Edward "Barney" Isakson

Jim & Sue Matthiesen

Evelyn Iwen

Robert & Mary Muhs

Violet Jansen

Peter & Georgie Simonsen

Merwyn John

Brian, DeAnn, Jacob, Emily & Abby Ament

Harvey Johnston

LaVonne Magstadt

Mary Jean Kartes

Jerry & Pat Sova

Martha Kemmet

Tracy Dale
Mary Walicki

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Philanthropist of the Year

NOMINATIONS OPEN FOR 2014

Do you know someone who has made an impact on healthcare in our region? Recognize their hard work by nominating them for the Philanthropist of the Year. Forms can be found online at www.foundation.jrmcnd.com or by calling (701) 253-4806.

The criteria for this award show excellence in four areas:

- 1) support of individuals (or couple's) direct contribution to and in support of JRMCM and JRMCM Foundation
- 2) specific accomplishments in healthcare
- 3) participation in and support of other non-profit organizations in the community or region
- 4) personal involvement in leading others to be involved in philanthropy or community volunteer service



Monday Night Birthday Club

MORE THAN GOOD FUN



Kathy Vandeberghe thought it was maybe eight to ten years ago when they started getting together. Affectionately named the Monday Night Birthday Club, they get together to celebrate, enjoy different restaurants and just have fun. "At first we'd buy the birthday girl a card," says Vandeberghe "but we thought why not give that money to a good cause instead."

It has actually been 18 years since JRMCM Foundation received its first gift from the club. As the old saying goes, "time flies when you're having fun." Happy Birthday Ladies!

(L-to-R) Kathy Vandeberghe, Helen Grenz, Alice Reuther, Mada Mueller, Donna Fischer, Gail Doll
Not Pictured: Carol Nordvedt, Florence Scherbenske



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Call (800) 281-8888, e-mail foundation@jrmcnd.com

or write to us: JRMC FOUNDATION
2422 20th Street SW
Jamestown, ND 58401

You can simply snip out this section and mail to the address above.
Your mailing address is on the reverse for our reference.
We'll take it from there!

OR SHARE YOUR COMMENTS



"Why I give"

JRMC EMPLOYEES SHARE THEIR MOTIVATION

I care about our future.

I like working here.

Because my patients matter.

BY EVERYONE GIVING A LITTLE IT ADDS UP TO A LOT.

To make a better hospital we can be proud of.

I give so others have an opportunity to get healthcare close to home.

When I give a little it adds up to a lot and more things can get done.

Because they (JRMC) have been so good to me and my family.

**I GIVE TO PAY BACK JRMC AND THE COMMUNITY FOR
CARING FOR MY FAMILY, FRIENDS AND PATIENTS.**

To pay forward for those who will need care in the future.

I'm proud of our facility and everyone who works here.

**THIS IS MY OPPORTUNITY TO GIVE BACK AND MAKE SURE
JRMC MAINTAINS ITS EXCELLENT LEVEL OF SERVICE.**

Invest in the future of Jamestown and the hospital is the future.

To help make JRMC the best we can be.

To support my place of work.

**MY FAMILY AND FRIENDS DESERVE THE BEST...
AND JRMC IS THE BEST!**

To give back to my community.

To help sustain programs and services at JRMC.

**IT MAKES ME HAPPY TO SEE THE KINDNESS AND
GENEROSITY OF THE JRMC EMPLOYEES EVERY DAY
AND I AM PLEASED TO BE PART OF SUCH A TEAM!**





JAMESTOWN REGIONAL MEDICAL CENTER FOUNDATION
2422 20th Street SW
Jamestown, ND 58401



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MEDICAL CENTER

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SPRING CRAFTS & BAKED GOODS BAZAAR

April 15th

9 am - 4 pm

JUST OUTSIDE THE GIFT SHOPPE

